

Meguro Citizens Center Outdoor Pool Schedule

9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00 22:00

50m pool																				
Wading pool																				

Facility	50m pool			Wading pool		
Period	July 1st - September 10th			July 1st - September 10th		
Pool Hours	10:00am - 8:00pm			10:00am - 5:00pm		
Fee		Entrance Fee	Additional Charge (per hour)		Entrance Fee	Additional Charge (per hour)
	Adult (High school students and older)	200 yen	150 yen	Child (2nd grade at an elementary school and younger)	100 yen	70 yen
	Child (Jr. high school students and younger)	100 yen	70 yen	Attendant (Jr. High School student and older)	100 yen	70 yen
	Senior (ages 65 and older)	100 yen	70 yen	※ Admission is valid for 2 hours from the time printed on the ticket. Additional fee will be charged for time exceeding the 2 hours. ※ If there are two attendants for a child, one will be charged. ※ Whether swimming or not, all the visitors will be charged to enter the facility.		
	Disabilities	100 yen	70 yen			
※Admission is valid for 2 hours from the time printed on the ticket. Additional fee will be charged for time exceeding the 2 hours. ※Fee will be charged for admission only.						
Pool Notifications	【 Outdoor 50m Pool Notification 】 <ul style="list-style-type: none"> ○ Children in the 2nd grade in elementary school age or younger must be accompanied by someone who is high school student age and older they must enter the pool together. ○ Children who are younger than 3yrs old, or uses diapers, are not allowed to enter the 50m pool facility. ○ For a handicapped visitors, basically 3 attendants will be accepted as free of charge. ○ All users must wear swim-suits in the pool area without exception. ○ in order to keep the temperature of the body, wearing T-shirts is allowed, but not in the water. ○ When the pool is crowded, use of beach balls may be prohibited. ○ Please take off glasses or sun-glasses while entering the water except the attendant who needs glasses to correct eyesight. The safety belt for the glasses required. ○ You are not allowed to walk back and forth between the 50m pool and infant pool because those facilities are divided. ○ For use by children between the 3rd and 6th grade at an elementary school, after 6:30 pm., a high school student or older must drop them off and pick them up. ○ 100yen coin is needed to use a locker. The coin will be returned after use. 			【Wading Pool Notification】 <ul style="list-style-type: none"> ○ Mainly for infants who are using diapers, but children in the 2nd grade at elementary school and younger are eligible to use. They must be accompanied by someone who is Jr. high school student and older. ○ One attendant will be accepted for max. 2 children. ○ Attendant must keep attention to children at all times. ○ No diving, running at the pool side, or any dangerous behavior on the slides. ○ Infants who are still using diapers must wear swim diapers underneath their swim suit. ○ You are not allowed to walk back and forth between the 50m pool and wading pool because those facilities are divided. ○ 100yen coin is needed to use a locker. The coin will be returned after use. 		
	Reminders	【General Information】 <ul style="list-style-type: none"> ○ No food at the pool side, inside locker rooms, or any other place in the facility. No smoking at the whole facility. ○ No taking photos inside or outside of the facility. (Bringing or taking pictures with cell phone cameras is also prohibited) ○ No jumping into the water, no diving or creeping under the water, and any other dangerous behavior. ○ Please refrain from using cell phones at the pool side and in the locker room. ○ Please take off foot wear before entering the pool area. ○ Please remove all accessories to prevent injuries. ○ To prevent loss of any valuable items, please secure valuables in the safety box at the front desk. ○ Car parking lot costs per half hour. (as parking space is limited, please use public transport) ○ The entrance gate will be closed at 30 minutes prior to closing time for both pools. Please secure enough time to change cloths .and users must leave facility at closing time. ○ The pool may close or delay opening depending on water temperature, temperature outside, the weather. ○ Please do not behave to disturb other visitors. ○ Please share the use of the pool and rental equipments. ○ Please follow further instructions provided by pool and gym staff. ○ Those who are intoxicated are not allowed to enter the facility. ○ You may not use whole facility for business use as personal swimming lesson. ○ Those with exposed tattoos may not enter the pool facility. Rash guards are available free of charge at the reception. 				

☝ Please do not bring following items into the facility. We appreciate your understanding and cooperation.

<ul style="list-style-type: none"> • Floating rings or equipments bigger than 140 cm long or width. • Body boards, paddles, snorkels • Wet suits, beach sandals • Cameras, video cameras (excludes wading pool) • Electronic devices • Items which keep specific space to yourself such as a camping mat or a sunshade tent. • Card games, board games 	<ul style="list-style-type: none"> • Accessories (earrings, necklace, etc.) (medical magnetic necklace and sports necklace included) • Newspaper (items that may blow away such as paper ads) • Food (chewing gum and candies included) • Alcohol • Glass materials such as glass bottles • Sun tan lotion
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※Items not included above may be prohibited by the pool staff due to safety and sanitary reasons.

【Those with exposed tattoos may not enter the pool facility】

Those with exposed tattoos may not enter the pool facility as of July 1, 2013.
Rash guards or tapes must be worn to enter.

2018 Outdoor Pool Summer Time Schedule

JUL

日	月	火	水	木	金	土
1 ●	2	3	4	5	6	7 ★
8	9	10	11	12	13	14 ★
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUG

日	月	火	水	木	金	土
		7/31	8/1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25 ★
26	27	28	29	30	31	

SEP

日	月	火	水	木	金	土
						1 ★
2 ▼	3	4	5	6	7	8 ★
9	10					

50m pool : 10:00am ~ 8:00pm Wading pool : 10:00 ~ 5:00pm

★ : Child support plan ... Every Saturday (except summer break period) children under Junior High School age are free of charge

● : Aquathlon ... Open Admission after 1pm (Wading pool operating as usual)

▼ : Autumn Swimming competition ... Open Admission after 6pm (Wading pool operating as usual)

Transportation (Public bus)

From Meguro Station

- ~ to Ookayama elementary school
- ~ to Futago tamagawa Station
- ~ to Sangenjaya Station
- ~ to Todoroki Station

「Gonosuke zaka」
stop
walk 3min

From Shibuya Station

- (Naka Meguro Station)
- ~ to Gotanda Station
- ~ to Oimachi Station

「Dendo shougakko
iriguchi」
stop walk 2min

Meguro Citizens Center Gymnasium

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Check out our Meguro Citizens Center Gymnasium staff blog !!

<http://www.mizuno.co.jp/facility/tokyo/meguro/info/>

