

How to read "the Notification"

Your annual premium for the period between April 2024 and March 2025 is to be paid in ten installments from June to March. For those households who don't pay by automatic transfer, five payment slips from June to October and a prepayment slip for the whole period between April 2024 and March 2025 are enclosed. Payment slips for on and after November will be sent in November.

Please use this reference number for inquiries.

National health insurance premium rate and per-capita premium for FY2024

Base amount = total income of year 2024 – Base deduction ¥430,000

Due date for each month

Amount to be paid each month

Months you registered (have been registered) are shown.
● : Basic Premium, premium for Assistance to be dispensed for the longevity medical care system and Long-term Care Insurance premium are imposed.
○ : Basic Premium and premium for Assistance to be dispensed for the longevity medical care system are imposed.

The name shown is who are registered (has registered) at the fiscal year of 2024.

153-8573
目黒区上目黒2-19-15
MMMMKATA 方

目黒 A男 様

A notification of the premium is sent to the head of a household. Premiums are calculated per household. The head of a household is responsible for the payment of premiums. If anyone in your family is a member of the NHI scheme, the head of your household is obliged to pay the premiums even if he/she is an insured register of another health insurance scheme. Therefore the notification of the premium is sent to the head of your household.

Description varies from one payment method to another (納付書 = bill / 口座振替 = automatic withdrawal / 特別徴収 = deduction from pension).

This is the total national health insurance premium amount for the fiscal year of 2024.

Those who have "所得情報不明" shown on the column of the report.

• You may have not filed for resident's tax return or income tax return.

A NHI Premium is calculated based on your income for the previous fiscal year. A per capita premium can be reduced in case a household's income is below a certain fixed amount. (See page 18 of "NHI Guide")
The reduction won't be done unless you report for your taxes, because your income won't be finalized.
We will send a NHI Premium Simplified Tax Form to foreign residents who have not reported for tax yet, so please submit it.

• You may moved in on and after January 2nd.

A notification of enrollment for the insured registers who moved in Meguro City on and after January 2nd of 2024 is only per capita premium. After the income of the insured registers for

If you have any question, please feel free to contact.

NHI Qualification and Assessment Section
(Japanese only) : 03-5722-9810
Foreigner consultation counter
(Interpreter only) : 03-5722-9187

Multilingual Interpreter Call Service is available for procedures provided by Meguro City. Please check the code.



通知書番号

整理番号

支払い方法

納付書

口座振替

特別徴収

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Description varies from one payment method to a (納付書= bill / 口座振替= automatic withdrawal)

基礎分(医療分)

後期高齢者支援金分

介護分

料 率 (%)

均等割額

前回通知額合計

今回通知額合計

240,000

区 分		基礎分(医療分)		後期高齢者支援金分		介護分		前年度以前の既賦課額
		前回通知	今回通知	前回通知	今回通知	前回通知	今回通知	
所得割	算定基礎額	円	円	円	円	円	円	円
	A 所得割額(世帯合計)	円	円	円	円	円	円	
均等割	人 数	人	人	人	人	人	人	前回保険料額合計
	B 均等割額(世帯合計)	円	円	円	円	円	円	
積算合計(A+B)×C		円	円	円	円	円	円	円
保険料軽減額×D		円	円	円	円	円	円	
限 度 超 過 額×E		円	円	円	円	円	円	今回保険料額合計
保険料額合計(C-D-E)		円	円	円	円	円	円	
								240,000円