

🔔 Please do not bring following items into the facility. We appreciate your understanding and cooperation.

<ul style="list-style-type: none"> • Floating rings or equipments bigger than 140 cm long or width. • Body boards, paddles, snorkels • Wet suits, beach sandals • Cameras, video cameras (excludes wading pool) • Electronic devices • Items which keep specific space to yourself such as a camping mat or a sunshade tent. • Card games, board games 	<ul style="list-style-type: none"> • Accessories (earrings, necklace, etc.) (medical magnetic necklace and sports necklace included) • Newspaper (items that may blow away such as paper ads) • Food (chewing gum and candies included) • Alcohol • Glass materials such as glass bottles • Sun tan lotion
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※Items not included above may be prohibited by the pool staff due to safety and sanitary reasons.

【Those with exposed tattoos may not enter the pool facility】

Those with exposed tattoos may not enter the pool facility as of July 1, 2013.
Rash guards or tapes must be worn to enter.

2019 Outdoor Pool Summer Time Schedule

JUL

日	月	火	水	木	金	土
	1	2	3	4	5	6★
7●	8	9	10	11	12	13★
14	15	16	17	18	19	20★
21	22	23	24	25	26	27
28	29	30	31			

AUG

日	月	火	水	木	金	土
				8/1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31★

SEP

日	月	火	水	木	金	土
1	2	3	4	5	6	7★
8	9	10				

50m pool : 10:00am ~ 8:00pm Wading pool : 10:00 ~ 5:00pm

★ : Child support plan ... Every Saturday (except summer break period) children under Junior High School age are free of charge

● : Aquathlon ... Open Admission after 1pm (Wading pool operating as usual)

Transportation (Public bus)

From Meguro Station

- ~ to Ookayama elementary school
- ~ to Futago tamagawa Station
- ~ to Sangenjaya Station
- ~ to Todoroki Station

「Gonosuke zaka」
stop
walk 3min

From Shibuya Station

- (Naka Meguro Station)
- ~ to Gotanda Station
- ~ to Oimachi Station

「Dendo shougakko
iriguchi」
stop walk 2min

Meguro Citizens Center Gymnasium

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Check out our Meguro Citizens Center Gymnasium staff blog !!

<http://www.mizuno.co.jp/facility/tokyo/meguro/info/>

